

# YOUNG INDIA JOURNAL

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Young India was originally a book written by Lala Lajpat but later became widely known through Mahatma Gandhi's weekly journal, Young India, published from 1919 to 1931. Gandhi used the journal to promote Satyagraha, non-violence, civil disobedience, and the freedom struggle. In 1933, he replaced it with Harijan, a weekly newspaper focusing on social reform and the abolition of untouchability.